

NOCA Notes

May 26, 2011

Jet Ice Level 1 And Level 2 Ice Technician Courses

These courses will be offered in Sudbury prior to the Amethyst Curling Camp. The Level 2 course will start Tuesday June 28th and run until Friday July 1st, and the Level 1 course will start Thursday June 30th and end Friday July 1st. Guest speakers will present to both groups on Thursday. Registration and an information poster are available on the NOCA website. Registration deadline is June 17th.

NOCA High Performance Camp

A one-day High Performance camp will be held Saturday July 2 at the Tom Davies arena in Lively (just outside of Sudbury). Teams of all ages are welcome, registration is limited to the first 12 teams. Teams will work with national coaches Jim Waite, Wendy Morgan, Andrea Ronnebeck, and others. Registration deadline is June 17th. Information and registration is available on the NOCA homepage. Don't miss this opportunity for some off season training and instruction.

Curling Weekends Planned

The NOCA staff has applied for a grant to hold two Curling Weekends next fall. If the grant is approved, the weekends will take place in Thunder Bay Sept. 30 – Oct. 2, and in Sudbury Oct. 21 – 23. These weekends will have something for everyone:

- **Business of Curling** – Staff from the Canadian Curling Association will provide workshops on topics such as Volunteer recruitment and recognition, Membership Recruitment, Revenue Generation, Board effectiveness, Successful Club Operations, Running a successful Youth program, Sponsorship, and more.
- **Coaches and Athletes** will have the opportunity to hear guest speakers address topics such as Team Dynamics, Mental Toughness, Coaching female athletes, Fitness and Nutrition for Athletes, Canada's Long Term Athlete Development Plan, the new NCCP instruction program, Off season training, and more.
- **Two Investors Group Awards** will be presented to deserving Volunteer Sports Administrators.

These events are designed for club volunteers, Board members, coaches, and athletes, and are open to all sports groups. This will be a great opportunity to network and learn.

More information will follow in mid-June once we have been notified of the status of our application.

NOCA Annual Meeting

The AGM will take place at Lakehead University in Thunder Bay at 11:00 am Sunday June 12th. Anyone is welcome to attend, and lunch will be provided afterward. Contact the NOCA office for more information.

2011-2012 Competitions Schedule

The schedule for next season is on the website. Some locations are still to be verified but the dates are set so teams can begin planning their season.

Congratulations to all of the NOCA Provincial winners

Next week NOCA Notes will feature photos of all of the provincial winning teams from last season.

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