

NOCA Coach Symposium - Sudbury
Friday October 22nd to Sunday October 24th
Idylwyld G& CC, host hotel Quality Inn

Join us for an interactive weekend with some of the leading coaches and instructors from Northern Ontario and the Canadian Curling Association.

Open to all coaches and anyone interested in coaching.

A Competition Coach Course will be offered in conjunction with the symposium.

Friday:	7 -10 pm	Welcome, Introductions, Breakout Sessions, Guest Presenter - topic TBA
Saturday:	8:30 - noon	Breakout sessions
	12:30 - 2:00	Lunch at the club with a guest presenter (open to the public)
	2:30 - 5:00	On Ice Instruction/refresher (at Idylwyld G&CC)
	6:30	Banquet (open to public) with presentation about the 2010 Olympics by Wendy Morgan, National Wheelchair Team Leader Presentation of a Volunteer Sports Administrator Award by the Investors Group Town Hall Meeting with a Panel of Guest Speakers
Sunday:	9:00 - noon	Breakout sessions

Breakout Session Topics:

Team Dynamics, Coaching at Provincials and Nationals, What's New in Practice Planning, Fitness and Nutrition for Curling, Statistics for Curling, The New NCCP and the Transition Process for coach certification, Women in Coaching, The New Look of Brushing, Coaching Athletes with Disabilities, Curling for Life; The CCA Long Term Athlete Development Plan, and more

On Ice Topics:

Warm ups for Curling, Line to Target, Balance, Grips and Turns, Skills Analysis, and more

Registration fee: Only \$150 (includes Banquet)

With financial assistance from the Ministry of Health Promotion and the Coaching Association of Canada, **subsidies will be provided for travel and accommodation (double occupancy in rooms) for out of town participants.** Load up your vehicle and come in for a great weekend of information sharing, refreshing/updating coaching skills, and networking.

Rooms have been booked at the Quality Inn and will be held until October 15th. Please quote the block name NOCA when booking.

You must book your own room. 1-800-461-1120

Register now at www.curlnoca.ca Deadline October 15, 2010

For more information:

Leslie Kerr 1-888-597-8730 or lesliekerr@curlnoca.ca

Dick Henderson 1-807-621-4259 or dickhenderson@curlnoca.ca



Coaching
Association
of Canada

